



Contra Costa County School District:
Customer Menu

Monday:

All of our flavorful meals are served with your favorite selection of milks and juices.

Breakfast:

Fluffy whole-grain pancakes drizzled with maple syrup and served with our delicious seasonal fresh fruit.

Quality hot and cold cereals served daily as a breakfast alternative.

Lunch:

Hearty meatballs and homemade Italian style red sauce served over whole grain spaghetti. Served with crunchy steamed beans and corn and a warm whole-wheat dinner roll.

As a nutritious lunch alternative peanut butter and strawberry jelly sandwich served on whole grain bread.

Snack:

Crunchy whole grain rye wafer crackers topped with sliced cheddar cheese.

Snack alternative is our delicious seasonal fresh fruit.



Contra Costa County School District:
Customer Menu

Tuesday:

All of our flavorful meals are served with your favorite selection of milks and juices.

Breakfast:

Toasted whole-grain bagel spread with cream cheese and served with delicious fruit salad made fresh daily.

Quality hot and cold cereals served daily as a breakfast alternative.

Lunch:

Mouth-watering sliced turkey or veggie patty served with creamy mashed potatoes and brown gravy and crunchy- fresh salad.

As a nutritious lunch alternative peanut butter and strawberry jelly sandwich served on whole grain bread.

Snack:

Creamy peanut butter spread over sweet graham crackers.

Snack alternative is our delicious seasonal fresh fruit.



Contra Costa County School District:
Customer Menu

Wednesday:

All of our flavorful meals are served with your favorite selection of milks and juices.

Breakfast:

Breakfast burrito stuffed to perfection with: eggs, sausage, potatoes, and seasonings or your choice of muffins baked fresh daily. Served with our seasonal fresh fruit.

Quality hot and cold cereals served daily as a breakfast alternative.

Lunch:

Homemade Meatloaf or grilled cheese with steamy tomato soup served with steamed broccoli and cauliflower smothered in melted cheese, accompanied with a warm whole-wheat dinner roll.

As a nutritious lunch alternative peanut butter and strawberry jelly sandwich served on whole grain bread.

Snack:

Yummy, moist, vanilla cake with your favorite butter cream frosting and rainbow sprinkles.

Snack alternative is our delicious seasonal fresh fruit.